UPMC *for Life*

2027 Summary of Benefits

Look inside to learn more about this plan:

UPMC *for Life* HMO Rx (HMO)

To join UPMC *for Life*, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. The service area for this plan includes the following counties in Pennsylvania: **Bedford, Blair, and Somerset.**

HERE'S THE PLAN

UPMC *for Life*
UPMC Health Plan Medicare Program

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We're here to answer your questions.

Talk to us.

Current members can call us at **1-877-539-3080 (TTY: 711) or chat with us at upmchealthplan.com**

Available hours:
Oct. 1 - March 31: Seven days a week from 8 a.m. to 8 p.m.
April 1 - Sept. 30: Monday through Friday from 8 a.m. to 8 p.m.

Not a current member? Call us at **1-877-381-3765 (TTY: 711)**

Available hours:
Oct. 1 - March 31: Seven days a week from 8 a.m. to 8 p.m.
April 1 - July 31: Monday through Friday from 8 a.m. to 8 p.m.
Aug. 1 - Sept 30: Monday through Friday from 8 a.m. to 8 p.m. Saturday from 9 a.m. to 3 p.m.

Find what you need online.

Visit us at upmchealthplan.com/medicare where you can:

- compare your plan options
- find providers
- check prescriptions
- apply for enrollment

UPMC Health Plan mobile app

Members can use this app to search for providers, live chat with a Health Care Concierge, access your member ID card, view claims, and even call your doctor, pharmacist, or the UPMC *My*Health 24/7 Nurse Line[1]. Download the app from your device's app store.

UPMC Health Plan member site

This secure member website allows you to see your plan benefits, live chat with a Health Care Concierge or health coach, manage your health information, update your medical history, pay your monthly premium bill, and view claims. Members can create an account at **upmchealthplan.com/register**.

Get started with UPMC *for Life.*

Here is a summary of what our plans cover and what you pay for care. These benefits are effective Jan. 1, 2027 – Dec. 31, 2027. This booklet does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, you can review the plan Evidence of Coverage online at **upmchealthplan.com/medicare/shop** or call us to have your Evidence of Coverage mailed to you.



With UPMC *for Life* you can choose from plans that cover everything Original Medicare covers, plus more!

If you want to know more about the coverage and costs of Original Medicare, look in your current **"Medicare & You" handbook** that you received in the fall. You can view it online at **medicare.gov** or get a copy by calling **1-800-MEDICARE (1-800-633-4227)**, 24 hours a day, seven days a week. TTY users should call **1-877-486-2048.**

This book includes an HMO (Health Maintenance Organization) plan. This means you choose from doctors, specialists, and hospitals in our network to get your care. This does not apply to an emergency or urgent care situation.

To search for your providers in our network, visit upmchealthplan.com/find.

Privacy Statement

We're committed to keeping your personal information private and safe. To learn about our privacy practices and how we collect and store your information, get access to medical records for you and others, and protect your information externally and across organizations, visit **upmchealthplan.com/legal/privacy/.**

UPMC *for Life* HMO Rx

Premium, Deductible and Out-of-Pocket Limit	
Monthly plan premium	$100 per month
Annual deductible	No deductible
Maximum out-of-pocket responsibility	$5,000 for Medicare-covered services, including copays and coinsurance; Your out-of-pocket spending limit for the year. This is not a deductible and does not include costs for Part D prescription drugs.
Basic Medical and Hospital Costs	
Inpatient hospital coverage*	$295 per stay
Outpatient hospital coverage*	$200 per service
Ambulatory Surgical Center (ASC) Services*	$175 per service received at a standalone ASC; $200 per service at a hospital ASC
Doctor visits (Primary Care Providers and Specialists)	Primary care provider: $0 per visit, $0 per telehealth visit Specialist: $30 per visit; $30 per telehealth visit
Preventive care	$0 per service, including your annual wellness visit, flu and pneumonia vaccines, and preventive screenings
Emergency care	$130 per visit
Urgently needed services	$50 per visit
Diagnostic services/labs*	$5 per day per facility
Imaging*	Advanced imaging (CT, MRI, and PET scans): $225 per service; Basic imaging and X-rays: $30 per service

*** Services with an asterisk (*) may require prior authorization.**

Dental, Vision, and Hearing Coverage

Hearing services[2]	Medicare-covered: $30 per visit; $0 for 1 routine hearing exam per year; $0 for 1 hearing aid fitting per year You pay $690 - $1,890 copay per hearing aid one per ear per year. See a participating Amplifon provider to receive this discount on hearing aids. **You also have additional dollars you can use to help pay for hearing aids. See the UPMC for *Life Flex* Spend Card under Extra Benefits and Services for more details.**
Dental services[3]	Medicare-covered: $30 per visit; $0 for 2 cleaning(s) per year; $0 for oral exam. There are three types of oral exams offered under preventive dental. A limited oral evaluation is offered at a periodicity of 1 every 12 months. Routine oral exams are offered at a periodicity of 2 every benefit year. A comprehensive oral exam is offered at a periodicity of 1 every 36 months. $0 for 1 x-ray(s) There are also two types of dental x-rays offered under preventive dental. Bitewing x-ray(s) are offered at a periodicity of 1 every 12 months. A panoramic x-ray is offered at a periodicity of 1 every 36 months. $3,000 yearly allowance with a 50% coinsurance for dental services like fillings, simple tooth extractions, root canals, bridges, crowns, dentures, denture repairs and realignments, and periodontal work. See your plan Evidence of Coverage for a complete list of covered dental services. **You also have additional dollars you can use to help pay for dental services. See the UPMC *for Life* Flex Spend Card under Extra Benefits and Services for more details.**
Vision services[4]	Medicare-covered: $30 per visit; $0 for 1 routine vision exam and 1 contact lens fitting exam per year; $175 allowance for routine contact lenses or eyeglasses, including lens options, per year. **You also have additional dollars you can use to help pay for contacts or eyeglasses. See the UPMC *for Life* Flex Spend Card under Extra Benefits and Services for more details.**

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UPMC *for Life* HMO Rx

Additional Medical Costs	
Mental health services*	Inpatient: $295 per stay Outpatient therapy: $30 per visit, $30 per telehealth visit
Skilled nursing facility*	$10 per day (days 1-20); $221 per day (days 21-100)
Physical Therapy*	$30 per visit
Ambulance*	$50 for treat and no transport; $335 per one-way trip
Transportation	Not covered
Medicare Part B drugs*	20% of the cost; no more than $35 for a 30-day supply of Part B insulins
Durable medical equipment*	20% of the cost per item
Diabetic supplies*	$0 for preferred diabetic monitors and supplies; 20% of the cost for non-preferred diabetic monitors and diabetic supplies
Chiropractic care	Medicare-covered: $15 per service No routine chiropractic care
Podiatry services	Medicare-covered: $30 per visit; Routine (4 visits per year): $30 per routine visit
Extra Benefits and Services	
UPMC *for Life* Flex Spend Card	$195 allowance per year to spend on medical service copays, premier fitness locations, fitness kits, over-the-counter (OTC) products, and home safety products. $455 allowance per year to spend on dental, vision, and hearing services. These allowances do not roll over from year to year

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	• **Medical service costs.** Use your card anytime you are asked to pay out-of-pocket for you care (copays, coinsurance, and deductibles). **You can use $50 of your allowance per transaction.** You can pay for things like doctor office visits, x-rays, physical therapy, urgent care visits, and more. The card can be used for medical services BOTH in- and out-of-network. You CANNOT use your card to pay for Part D prescription drug copays. You can use this card at any provider that accepts MASTERCARD. • **Premier fitness locations.** Use this card to pay for membership or classes at any of our select premier fitness locations. • **Fitness kits.** Use this card to buy one fitness kit per year. Choose from several fitness kit options based on your needs. • **Over-the-counter products.** Use this card when you buy covered over-the-counter products at participating retail stores or through our mail order catalog. You can see a list of covered products or browse our mail order catalog on our website at: **upmchp.us/flex-spend-card.** • **Home safety products.** Use this card to buy home safety products through our mail-order catalog. • **Dental services.** Use your dental benefit allowance of $3,000 with 50% coinsurance first and then use this card second to help you pay for any additional out-of-pocket costs. You can use this card at any provider that accepts MASTERCARD. • **Vision services.** Use your vision benefit allowance of $175 first and then use this card second to help you pay for any additional out-of-pocket costs. You can use this card at any provider that accepts MASTERCARD. • **Hearing aids.** Use this card to help pay the copay for hearing aids. See your Amplifon provider for hearing aids and then use this card to help pay your out-of-pocket costs.
SilverSneakers®	**FREE unlimited gym memberships** at participating fitness facilities.

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UPMC *for Life* HMO Rx	
Home Safety Products[5]	You have an allowance you can use to help pay for home safety products. See the **UPMC *for Life*** Flex Spend Card above for more details.
Home Safety	Get one **FREE in-home safety assessment** per year with a licensed health care professional.
Personal Counseling	Receive 6 counseling sessions per concern per year through Resources *for Life* at no additional cost.
Caregiver Support	Powerful Tools for Caregivers - You, your family members, and caregivers can learn ways to reduce your feelings of loss, loneliness, or stress.
Meals	Members with congestive heart failure (CHF), diabetes, and chronic obstructive pulmonary disease (COPD) qualify for post hospital discharge meals. Members can receive 56 meals, 2 meals per day for 28 days.
Travel Concierge[6]	You have in-network cost sharing when seeing any provider that accepts Medicare in **Arizona, Florida, Georgia, North Carolina, South Carolina,** and **Tennessee.**
Travel Assistance	Get help 24/7 when you travel more than 100 miles away from home or to another country. This program connects you to doctors, hospitals, pharmacies, and other services all over the world, so you're never without access to care.
24/7 Video Visits[7] **(virtual visit with a UPMC provider)**	$0 per eVisit

Utilization Management

(UM) Utilization Management is how we evaluate the medical necessity, appropriateness, and efficiency of the health care services you receive. UPMC Health Plan affirms that:

- We are committed to your receiving the best possible care, and we do not offer incentives to providers to restrict your care.
- UM decisions are based only on the appropriateness of care.
- No financial incentives are given to our UM advisers to decide in favor of less medical care being used.
- We will provide the process you can follow if you would like a reconsideration of the decision.

For more information about our UM program, you can call a Health Care Concierge or visit **upmchealthplan.com/medicare/members/coverage-criteria**.

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Prescription Drug Costs

Your out-of-pocket drug costs (copays, coinsurance, and deductibles) change as you move through the Part D prescription drug stages. Your costs can also depend on your specific UPMC *for Life* plan, the pharmacy you use, and the tier of your drug. Learn more about each coverage stage, what's changing, and UPMC *for Life* prescription drug costs below.

Part D deductible stage
Your plan does not have a deductible when you fill your prescriptions. This stage does not apply.

Initial coverage stage
Your plan pays for its share of your covered prescriptions during this stage. You will pay a copay or coinsurance, depending on your medication's drug tier. For drugs on tiers with a coinsurance, your share of the cost may change throughout the year depending on the drug and where you fill your prescription. Once your total yearly out-of-pocket drug costs reach $2,400, you will move to the catastrophic coverage stage. **See the chart below for copay information and costs by plan.**

	30-Day Supply		100-Day Supply			
	Retail		Retail		Mail-Order	
Tier	**Preferred Pharmacy**	**Standard Pharmacy**	**Preferred Pharmacy**	**Standard Pharmacy**	**Preferred Pharmacy**	**Standard Pharmacy**
Tier 1 Preferred Generic	$0	$15	$0	$30	$0	$30
Tier 2 Generic	$0	$20	$0	$40	$0	$40
Tier 3 Preferred Brand	UPMC *for Life* HMO Rx: 25%					
Tier 4 Non- Preferred	UPMC *for Life* HMO Rx: 38%					
Tier 5 Specialty	UPMC *for Life* HMO Rx: 33% (up to 30-day supply only)					
Covered Insulins	$35	$35	$96.25	$105	$87.50	$105

If you reside in a long-term care facility, you pay the same copay as you would at a preferred retail pharmacy for a 31-day supply. The costs for Part D prescriptions may be different based on the day supply and the type of pharmacy where the drug is received.

Catastrophic coverage stage

Your total yearly drug costs will be capped at $2,400. Once the costs paid by you and your plan reach $2,400, you will move into the catastrophic coverage stage. In this stage, you won't pay anything for your covered drugs. You will stay in this stage through the end of the year.

Pharmacy benefits

Our members have low-cost options for getting medications, as well as access to a broad network of pharmacies nationwide. Our network includes retail chain, regional, and independent pharmacies. If you are not yet a UPMC for Life member, you can have a review with a member of our pharmacy staff to resolve any potential issues related to your medication coverage. You can ask to have a pharmacy review to get information regarding medication coverage or restrictions, how pharmacy benefit decisions are made, and the process to follow when a medication is not covered. Go to **upmchealthplan.com/pharmacyreview/** and submit the form to request a pharmacy review.



Make sure your drugs are covered.

To get information about our pharmacy management procedures, lists of drugs that are covered, and any restrictions to your pharmacy benefits and how to request a drug be covered go to **upmchp.us/prescription-coverage**.

To view your plan's formulary, check your drugs are covered, and see your costs, you can search for them at **upmchp.us/prescription-coverage** by scanning this QR code or give us a call at the phone number on **page 1.**

Save money on your drugs by filling at a preferred pharmacy. To find a preferred pharmacy, call us or go to upmchealthplan.com/find.

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[1]UPMC nurses who answer calls are licensed to assist members in Pennsylvania, West Virginia, Virginia, New York, and Ohio. Members must be in one of those states when calling the UPMC *My*Health 24/7 Nurse Line. The UPMC *My*Health 24/7 Nurse Line is not a substitute for medical care. If an emergency arises, call 911 or go to the emergency department. Nurses cannot answer plan or benefit questions. Please call the Member Services phone number on the back of your member ID card for nonclinical inquiries.

[2]Members must use a participating Amplifon hearing provider to take advantage of the hearing aid copays. Go to **upmchealthplan.com/find** to find participating hearing providers. Routine hearing copays are excluded from the yearly deductible, if applicable, and do not count towards the annual out-of-pocket maximum.

[3]Members must use a participating dental provider. Go to **upmchealthplan.com/find** to find participating dental providers. You are responsible for all other charges beyond preventive dental care. Preventive care copays and the comprehensive dental allowance do not count toward the annual out-of-pocket maximum. A bitewing x-ray shows the upper and lower back teeth and how the teeth touch each other.

[4]The routine vision allowance does not apply to glasses after cataract surgery. It does not count toward your annual out-of-pocket maximum.

[5]UPMC *for Life* does not install home safety products or reimburse for costs associated with the installation of home safety products. UPMC *for Life* is not liable for improper installation, repairs, or other modifications. Members are responsible for any and all costs associated with installation.

[6]The Travel Concierge Program is only applicable in the states of Arizona, Florida, Georgia, North Carolina, South Carolina, and Tennessee. HMO members will be charged in-network cost sharing for covered services received from any provider that accepts Medicare.

[7]UPMC *for Life* members who are in Pennsylvania at the time of a virtual visit may select a UPMC-employed provider, subject to the provider's availability and discretion. Members who are not in Pennsylvania at the time of service may receive care from a provider employed by or contracted with UPMC. This service is not available to members in Puerto Rico.

UPMC *for Life* has a contract with Medicare to provide HMO, HMO D-SNP, and PPO plans. The HMO D-SNP plans have a contract with the PA State Medical Assistance program. Enrollment in UPMC *for Life* depends on contract renewal. UPMC *for Life* is a product of and operated by UPMC Health Plan Inc., UPMC Health Network Inc., UPMC Health Benefits Inc., UPMC *for You* Inc., and UPMC Health Coverage Inc.

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